

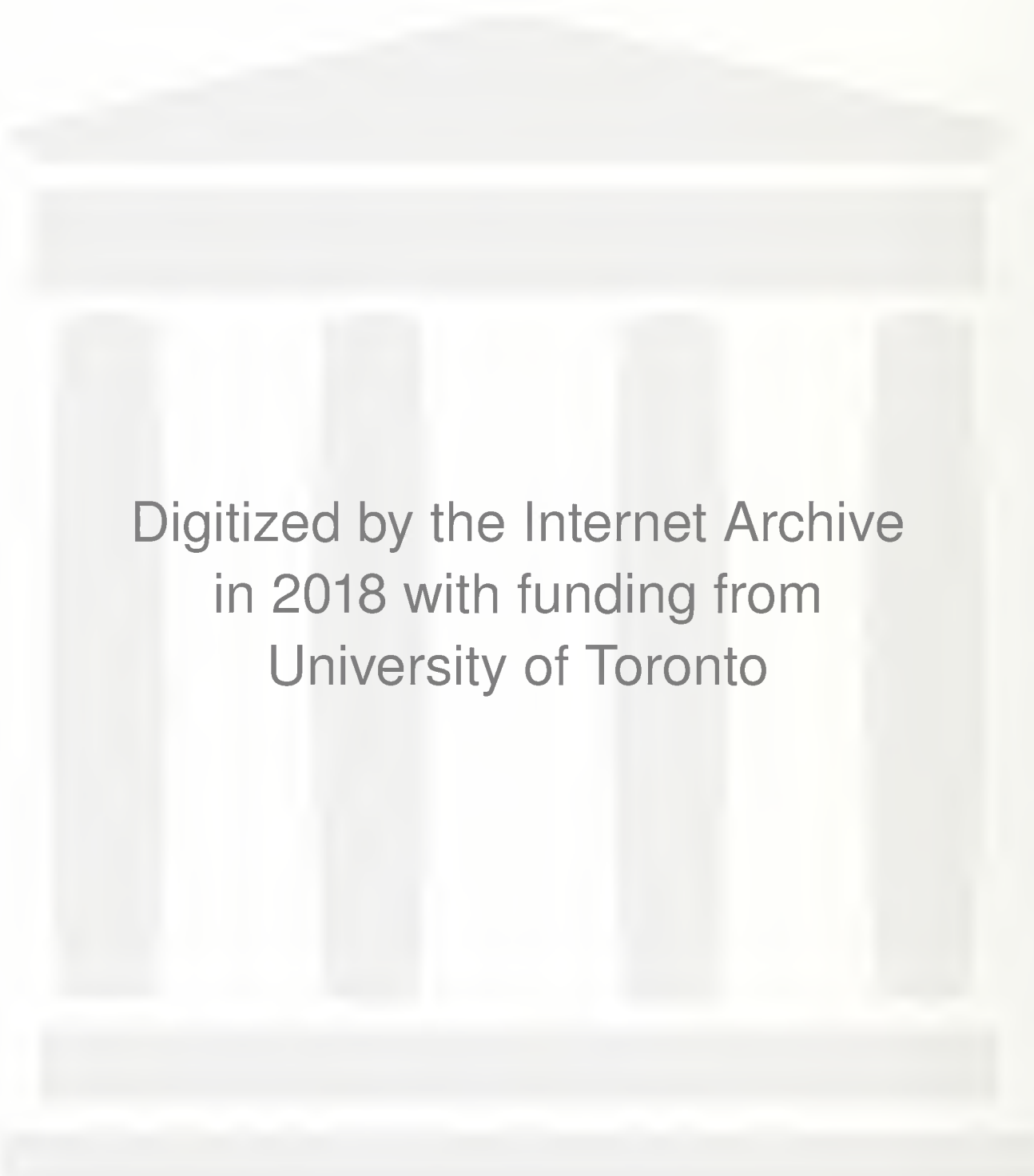
JOHN  
FOR

VARSIY NURSE





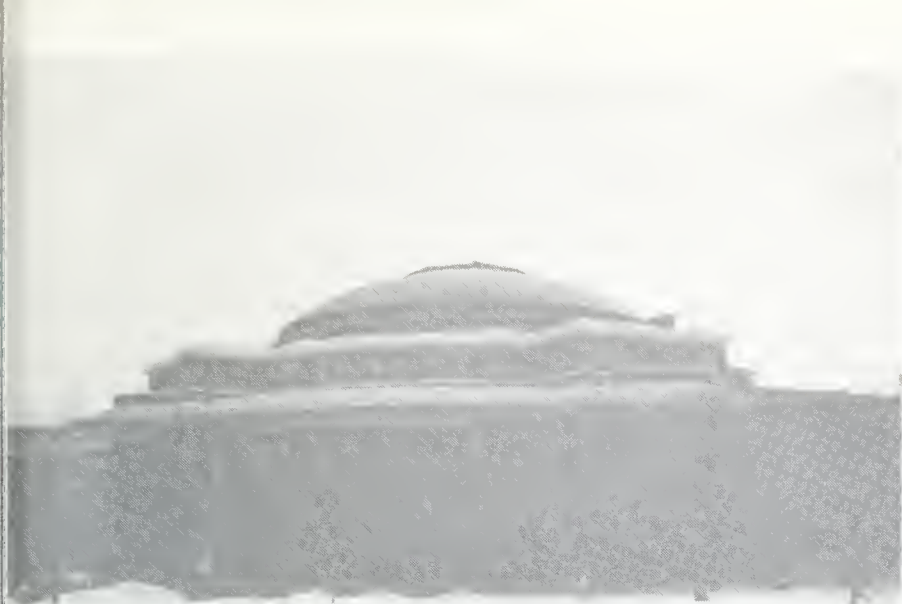
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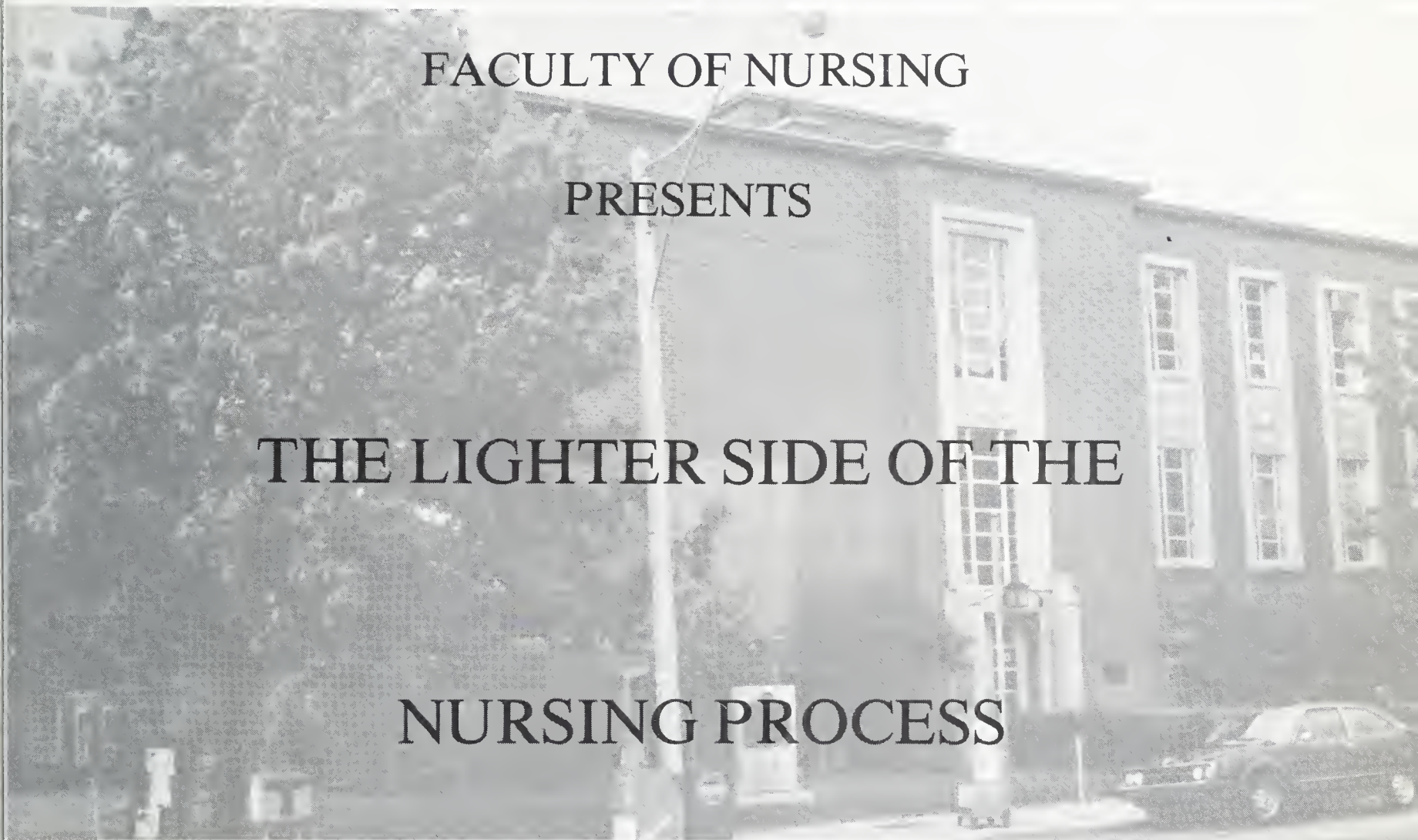
UNIVERSITY OF TORONTO

FACULTY OF NURSING

PRESENTS

THE LIGHTER SIDE OF THE

NURSING PROCESS







In Memory of  
Cathy Condillac  
Class of 1985



NOTE: Patient Identification plate must be imprinted  
below this line.

Hx No: 1984-1987

Nursing, Faculty of  
50 St. George St.  
U of T  
Y.O.B. 1950ish



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# IDENTIFYING



It is a particular pleasure to be part of the Yearbook for 1984, as with this year, this book records the lives and times of a particular set of students who have made unique contributions to the Faculty of Nursing. The memories recorded here are to be treasured as an integral and important part of your life at the University of Toronto. As each of you moves to a new era in your life you take with you remarkable capabilities to uniquely care for humankind. Treasure and nurture these capabilities, And good wishes to you in doing so.

Phyllis E. Jones  
Dean

## DEAN

It is a privilege for me to have this opportunity to congratulate the Class of 1984 on this long awaited occasion of your graduation.

We are proud of you and confident that each of you will contribute a great deal to maintaining or improving the quality of care your clients receive.

I know that all of your teachers join me in sending warmest good wishes for success and happiness in the future. I thank you too for all you have contributed to the Faculty.

Anna Jean Rouse

## UNDERGRADUATE CHAIRMAN





# DATA

## STUDENT COUNCIL

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U of T  
Y.O.B. 1950ish



As the time machine is set back and the moments of the past year are relived, an inspiring statement from Gail Sheehy's book, *Passages*, comes to mind. It reads as follows:

The courage to take new steps allows us to let go of each stage with its satisfaction and to find the fresh responses that will release the richness of the next.

The diligent efforts that this year's Student Council has displayed has been just that, a rich and satisfying experience for all. This was illustrated by a number of events designed to meet the everchanging needs of our students. They include the long awaited C.U.N.S.A. Conference, a new 'Drug Therapeutics' lecture series, a successful discussion session on "how to prepare for clinical", and a well deserved intramural basketball championship, to name just a few. The initiative and commitment shown in the organization of the events are to be highly commended.

But, we didn't stop there! The Pulse Newsletter was revived, funds were raised for the RNAO and the Grange Inquiry, and we became active members in the newly established interfaculty club.

The Council's outreach to you - the future B.Sc.N.'s of U of T has been to provide a medium of exchange and growth, a medium whereby all of your talents, capacities, and potentialities can be molded to form the promising leaders of the nursing profession. This is the goal of university education, and I hope the Student Council has contributed in some way by facilitating this process for each and everyone of you.

I would like to take this opportunity to thank each member of council for their hard work and enthusiasm. To the Faculty and staff - thank you - we couldn't have done it without you. And to the graduating class of '84, CONGRATULATIONS - WE MADE IT!! Last, but not least, to the future Student Councils, I hope you'll enjoy yourselves as much as I have! Good Luck!



Kathy Duvnjak  
President



This year has been a very active and busy one for the 28 members of the Student Council. A wide variety of events have been provided, including orientation, three terrific pubs, the Formal, sporting events, and the Job Fair.

I sincerely hope that you found the time to participate in some of these, there is much more to being a student than care plans, biochemistry, and stats! Involvement in extra-curricular events helps to balance out all the work and ensure that you will look back on your years here as memorable ones.

Finally, I would like to take this opportunity to wish each member of the graduating class every success in all their future endeavors.

Judy Linton  
Vice-President

To say the least, this year has proved to be a most rewarding one for the two of us. Our position on council has provided the opportunity to get to know the people who, in the past, were just faces to us.

So, to all of you who gave your time, and energy, shared your ideas and enthusiasm, and participated in planning sessions and events, we wish to extend our deepest appreciation.

For those of you who are off to face the real world, all the best. For the rest of you, remember, university is supposed to be fun, so enjoy it.

Barbara-Anne Walsh  
Carolyn Hayden  
Social Directors



Well, here we are, the end of another whirl-wind year. I think it was great that students found time and energy to participate in the many student projects planned this year. I am certain that if you apply the same enthusiasm in your future jobs and lives, you will achieve great satisfaction.

Paula Mastrilli  
Education Director



Sue Bookey - Treasurer  
Libbie Oag - Secretary





# FACULTY OF NURSING STUDENT COUNCIL



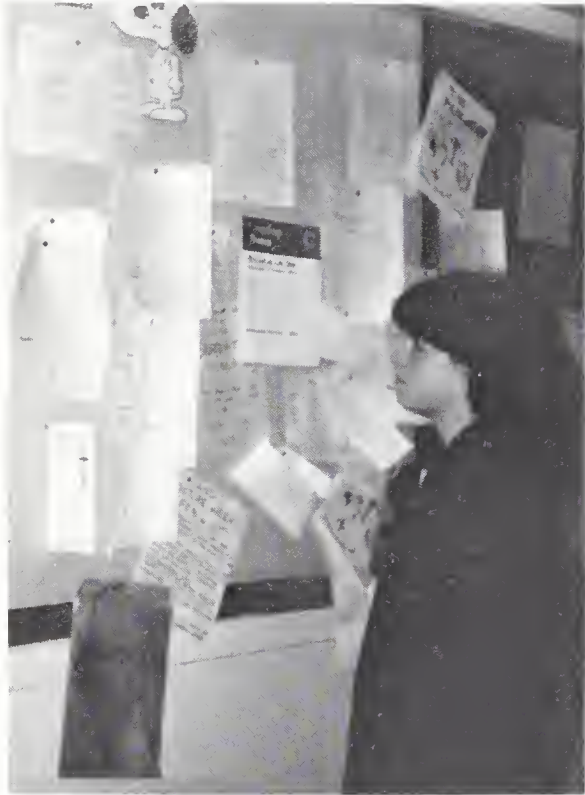
Back to Front: Sue Bookey, Kathy Kasmierski, Judy Linton, LeeAnne Giddings, Barbara-Anne Walsh, Soo Wong, Margaret Gehrs, Eddie Cabecinna, Alanna Loeb, Maria Simko, Nancy Griffin, Libbie Oag, Suzanne Guthrie, Claudia Weidenborner, Joanne Fung, Nancie Smith, Kathy Keith, Lori Cornish, Mary Lou Albanese, Kathy Duvnjak, Carolyn Hayden, Nicola Dorosh.

Absent: Paula Mastrilli, Irene Holubiec, Julie Jones, Carolyn Sixt, Pamela Beard, Cori Janes, Wendy Kasta.





# UNFORGETTABLE MEMORIES

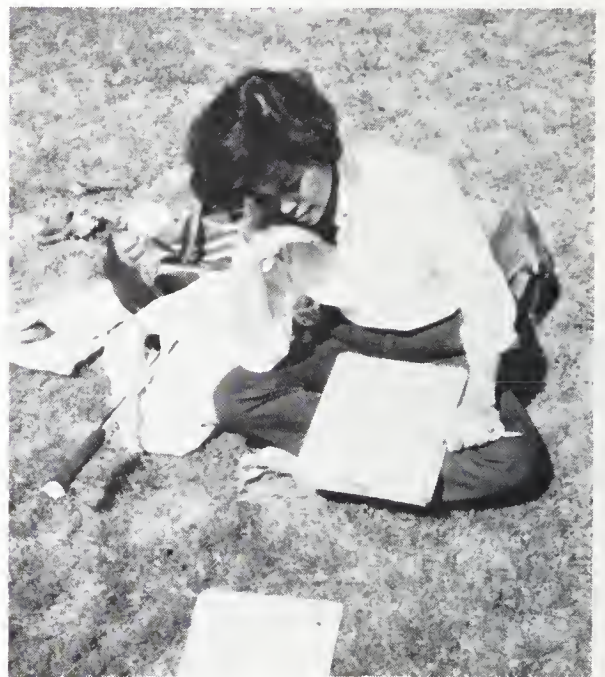


Any fan mail?



You want me to what?

Twelve weeks and four days till Christmas.



Essay, which essay?

I told you not to take my picture!





# FAMILY HISTORY

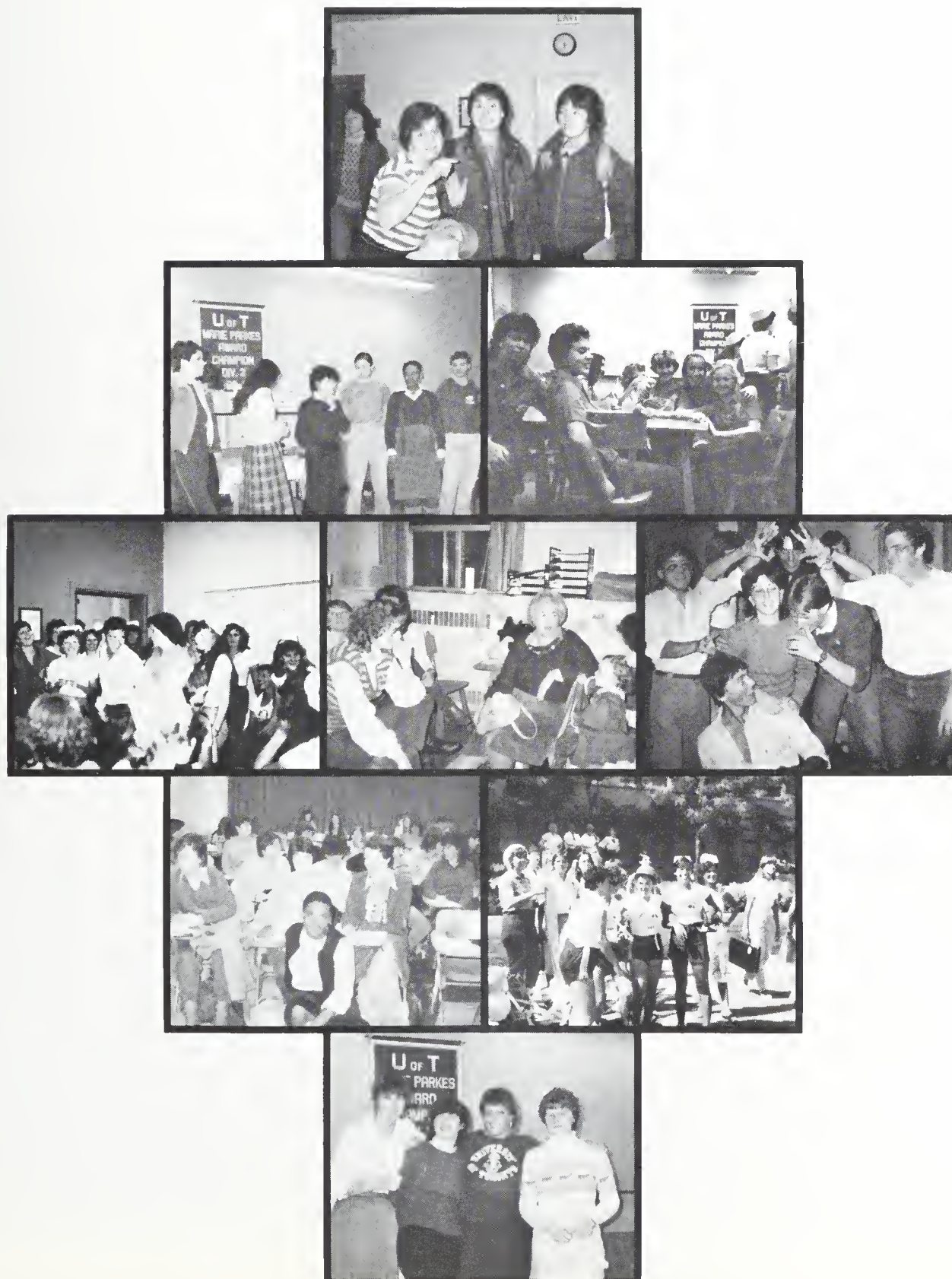
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U of T

Y.O.B. 1950ish



# BASIC ONE

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Back: Pauline Shea, Cori Janes, Nancy Thiessen. Front: Kathy Muller, Pamela Beard, Suzanne Guthrie, Susan Engels.



Back: Farah Alam, Gail Richmond, Julie Racz. Front: Tanya Mokrytzki, Nina D'Souza, Jane Mann.



Back: Joanne Bull, Shelley Skeet, Eva Bergener. Front: Mary Atherton, Janice Sullivan, Luana Bottos.



Back: Nancy Taylor, Mary Ecclestone, Marianne Houston. Front: Beth Van Wagner, Brenda Scheuermann, Janis Mitts.





Back: Christel Helwig, Karen Yong,  
Beth Sherman, Georgette Jornada.  
Front: Sheeva Ramrekersingh,  
Cathy West, Wendy So.



Back: Bernadette Kromar, Natalie  
Slivinskas, Nanette Alteza. Front: Lori  
Roger, Kathy Hardill, Roxanne  
Clarke.



Back: Sylvia Magisano, Jennifer  
MacIsaac, Jackie Cadman. Front:  
Melody Hunt, Janice Carson.



# BASIC TWO

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Back: Byron Hovey, Dianna Roberti,  
Heather Thornton, Ellen Douglas.  
Front: Karen Narraway, Kathy Ryan.



Back: Anita Beltrame, Dorothy Piercy,  
Glenda Feikema. Front: Cindy Red-  
ford, Joanne Telfer.



Back: Christy Simpson, Shelly Massey.  
Front: Nicola Dorosh, Judy Komlos,  
Laurie Weiss.



Back: Sandra Li, Shelley Shaugnessy,  
Front: May Cheung, Glenda Riley,  
Tracy Kwan.





Back: Sue Morris, Denise Cosani, Barb Jones. Front: Eva Neofytidis, Peggy Reinhardt, Anna Bertoia.



Back: Sue Hohener, Barb Laurence. Front: Liz Tesla, Barb Taylor, Daniela Scotti.



Eddie Cabecinha, Nancy Tournour, Mary Lou Albanese, Mary Bogovic.



# CANDID MOMENTS



The team is in the huddle.



Milk and cookie time.



Knock, knock, who's there?





## BASIC THREE

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Sandy Bobkin, Lynn Coolin, Linda Ferguson, Bruna DeLuca.



Back: Mark Sanderson, Brenda O'Connell. Front: Julie Zettel, Susan Van Luven.



Back: Barbara-Anne Walsh, Libbie Oag, Soo Wong. Front: Carolyn Hayden, Chris Bebeneic, Judy Linton, Alanna Loeb, Lori Whitfield.



Sandra Johnston, Nadia Komavli, Ruth Lee, Margaret Pregelj, Maureen Milne.





Back: Liz Kurpita, Kathy Kasmierski,  
Middle: LeeAnne Giddings, Linda  
Reimer. Front: Jane Kenny, Susan  
Bookey, Shannon Davis.



Back: Pauline Noorey, Phyllis Chong,  
Joyce Gee. Front: Sharron Hewitt,  
Joan Rom-Colthoff, Barb Colson.



Back: Margaret Ghers, Truia Scott,  
Front: Amanda Symington, Jean  
Vidabovich, Ann Kenney.



RELAXING . . .



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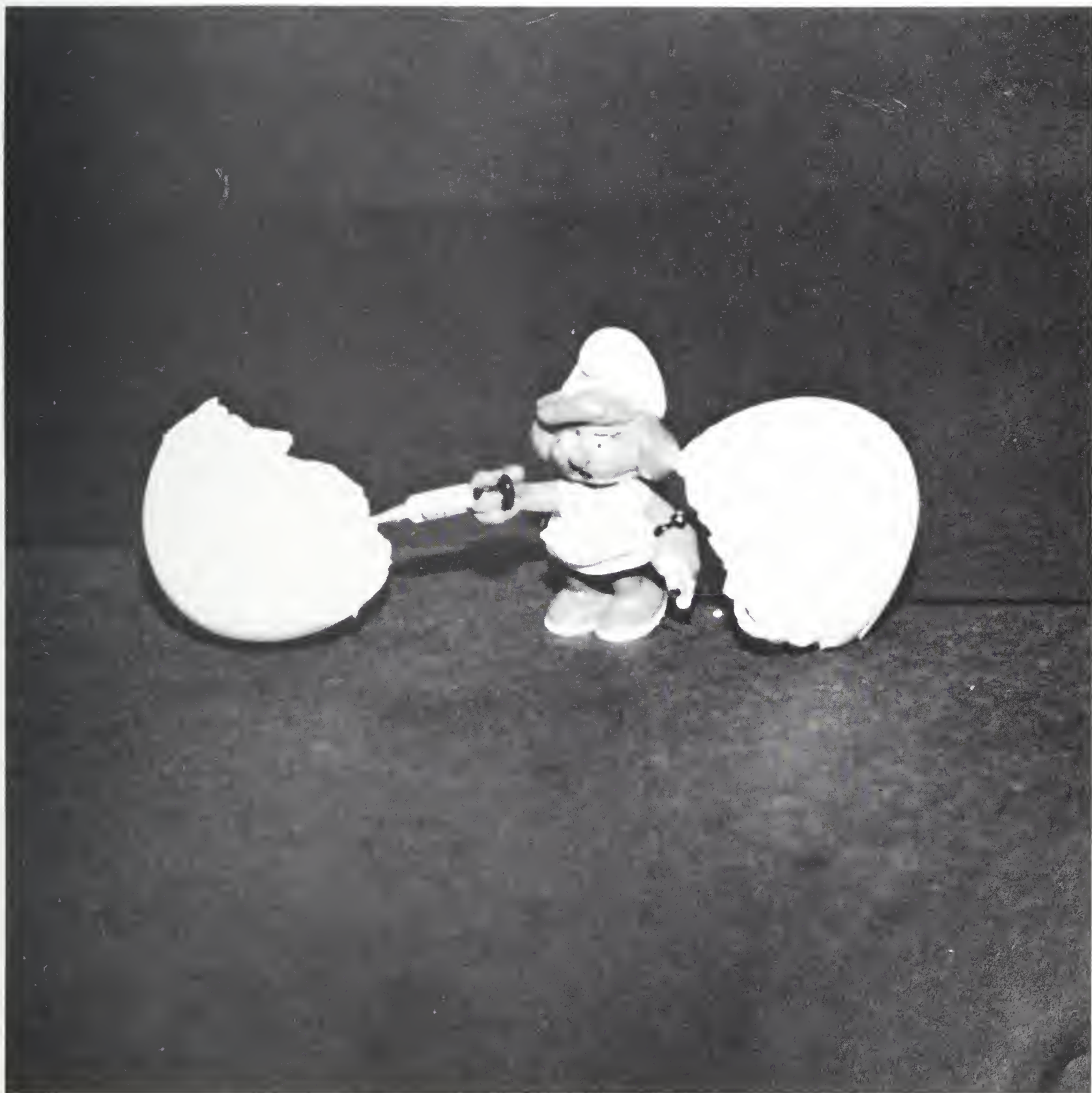
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# GRADUATES

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**MIRIAM AMALADAS:**  
AMB: To make it to Singapore within the next two years. CM: "Kiplings" in Montreal. FS: What happened on the Y and R today Lori? PP: Weekly assignments. SA: Commuting from Downsview for four years.

**JOY ANG: AMB: \$\$\$.** NN: Joy-Joy, Angus, Little Foundling. CM: Salty . . . I heard, NUR 205 practicums, with a certain E.B. PP: Weekly assignments. SA: Graduation. FS: When's this due? You're kidding!



**EMMA BASMADJIAN:**  
AMB: To live in Spain with Danny Boy and to enjoy every minute of it . . . CM: Bed baths during 102Y, camping at Balsam Lake on Labour Day weekend 1983. FS: What do you mean??? PP: Clinical assignments and photocopying. SA: Graduating. NN: Little One.

**JANICE BELL: AMB:** Colour the bubble with SS, one year in S.A. CM: Bliss, Med Sci lobby pubs, Newport '83, and Harvey's. FS: To sleep per chance to pass? No way! PP: Where did the Med Sci pub go? SA: Feb 20/84, finding the eggnog bash, meeting SS in week one JCB 160Y.



**LAURA BROOKS: AMB:** Continuing education - ie yoga, and chinese cooking. CM: Paula's resolution to my problems - laughter. FS: Let's get out of here. PP: People talking in class. SA: Being able to cope with renovations at home, sibling rivalry and a partime job, and still receiving my degree in good standing and maintaining some stability.

**LYNDA-LEE BROWN: AMB:** To work in pediatrics, travel, come back to school for another vacation. CM: Chem Eng 8T3, Bahamas, Knowing CW, TC, MS, and DK. FS: What's wrong dear? PP: Abstractiveness of BH, book stacks, photocopying, photocopying, photocopying . . . SA: Making it . . . through four years of nursing plus one.



**KIM BULL: AMB:** to discover how to practice nursing while sunbathing. CM: Contemplating each year of nursing that went by and how to pass the next one on the beaches of Florida with Lisa and Gayle. FS: Useless. PP: Trying to apply depth and breadth in my nursing practice. SA: Consistently receiving messages from God throughout my four years and passing them on to my unprivileged friends.

**LAURIE BURNS: AMB:** To travel extensively. CM: Lengthy gab sessions with C, J, and M-L. PP: Nursing theory. SA: Having the same date for every nursing formal.







**SHARON CHEUNG:** AMB: To have breakfast in Paris, lunch in Rio and dinner in the Caribbean -- all in one day. CM and SA: My first tub bath of a male patient - Mr. H. PP: Males who do not put the toilet seat down after using it and those who do not raise the toilet seat before. FS: Only four more weeks to go!



**LORI CORNISH:** AMB: Graduate school, to teach nursing, and to enjoy life to its fullest. CM: Special friends, CUNSA conferences, last minute essays, falling asleep in the library. FS: Tootse, Do you know what I mean?, I'm organizing. PP: Apathy, clinical assignments, MK's liquid paper. SA: Yearbook Editor 1984.



**MAUREEN CUDDY:** AMB: To graduate from medical school as a neonatologist. FS: Bag it. CM: Grad committee, being arrested for stealing signs during Orientation. PP: Clinical assignments, having one class last thing Friday. SA: Being able to skip class and come late without a case of the guilts, thanks to JB. NN: Moe.



**MARGUERITE DELMASTRO:** AMB: Graduate school. PP: Clinical assignments, photocopying, exams. CM: Living it up in fourth year, CUNSA conferences. FS: Oh my God! SA: Graduating.

**TERRY COCKERTON:** AMB: Working in a hotel, birthing babies. CM: Formals, Baggy's space cadetery, grand rounds with Sturla, CW, MS, DK, LLB. FS: Marlene, what did he say? I'll get it done. What the . . . PP: Photocopying, 0500 clinical, first year chem, subway grants, home visits. SA: Asking a Chem-eng to the semiformal, to a movie, to the formal, to the . . . etc.



**JULIE CUDAHY:** AMB: To cruise in my own machine. CM: "The Academy". FS: You know, Martina, I was thinking. PP: Drill Hall. SA: To be one's self.



**GAYLE CUMMINGS:** AMB: To really find out why I went into nursing at U of T. CM: Frozen yogurt at Med Sci cafeteria. FS: Will you take notes for me Pam? PP: Having to decipher Lisa's notes when I couldn't get Pam's. SA: Passing third year nursing theory.



**NICOLE DE SILVA:** AMB: Large house in Monte Carlo. CM: Christmas picnic with the gang. FS: I want to go home! PP: Standing in line (50th) to photocopy one page at Sig Sam. SA: Graduating.





KAREN DOWSETT: AMB: To retire as soon as possible! That is, after working in public health. I also look forward to being able to read fiction novels. CM: Free draft at DJ's in first year. FS: What do you mean by that? PP: Weekly clinical assignments and homework in general. SA: Getting home from DJ's every Friday in first year.



DIANNA DRASCIC: It is yours, the challenge of life . . . with your heart, hand, and mind you hold the power to mold each golden moment, each shining hour, into new designs, infinite possibilities - G.B. Stanton May each of us come to realize our potential.

DENISE DUGAS: AMB: Specialize in pediatric nursing. CM: Lunches in the nursing lounge. PP: Photocopying machines at Med Sci library. SA: Ability to ramble on theoretically with ease. FS: I'll have time to study tomorrow.



LISA DUNFORD: AMB: To start an independent obstetrical clinic. FS: Keep smiling and try to stay psyched. PP: Clinical assignments and photocopying. CM: Being tested with Ellen during NUR 205. What a hilarious disaster! It is hard to be serious when being gagged, choked, blinded, poked, etc. SA: Getting up on time for clinical.

KATHY DUVNJAK: AMB: Travel, graduate school, teaching. CM: CUNSA, student council, Montreal 1983, being Prez, special friendships. FS: You Baba, Nooo kidding, Party! PP: Neat notes, clinical assignments, studying at Robart's til midnight. SA: CUNSA's achievement award 1983, graduating, staying sober after one drink, being an honorary member of DJ's.



MARTINA ERJAVEC: AMB: Camp nurse. CM: "The Academy". FS: Relax . . . PP: Time. SA: Taking risks, learning and growing.

ANN FABER: AMB: To work in surgical I.C.U. in 2-3 years. CM: Halloween Pub 8T3 and Beach Pub 8T4. FS: What the thit! PP: Photocopying, U of T objectives, self-evaluations, missing nursing journals. SA: To make it through four years at U of T, Faculty of Nursing without utilizing the services of a psychiatrist.



KELLY ANNE FITZGERALD: AMB: Pediatric psychiatry. CM: The Night of the Killer Tomatoes. FS: We just have to take one day at a time. PP: Defining higher order problem solving. SA: Ability to write essays systematically with Denise.



DEBBIE FREELAND: AMB: To demonstrate a compassionate and empathetic spirit toward all those I care for, not just because I am a nurse but rather as a result of the love of God instilled in me. SA: Graduating with a relatively intact sanity after seven years of university. CM: Summer '83 in Africa. PP: Photographs and swimsuits!



CHERYL FRY: AMB: To do something significant, be rich, retire. CM: Being evaluated by the "carp". PP: Obstetric fanatics. SA: Surviving the four years. FS: This is boring.

JOSIE FUSCO: AMB: To go to Montreal and do my MScN at McGill. CM: Research assistant with May Yoshida. FS: You won't believe how sick I was this weekend. PP: Having to start assignments the weekend before the due date. SA: Surviving four years of nursing.



SUSAN GEE: AMB: To travel around the world and use my American Express 'Gold' card. CM: Handing assignments and essays in right on time. FS: Thank goodness I passed! PP: Weekly clinical assignments. SA: Graduation from the Faculty of Nursing.

PAMELA GROGAN: Now that today's here "at last" seems too sudden, for in every tomorrow this will still be just yesterday. Thank you to the unregistered nurses in my life - Harv, Mom and Dad, Lisa, Cheri and Gidget. I love you! To four special friends G, K, L, and E. Go for it!



CATHERINE HALL: AMB: Northern nursing. CM: Formals, ski trips, and talking til the wee hours with the girls. FS: Oh, I hate feeling rushed! PP: Clinical mornings, keeners, Sig Sam's stacks! NN: The Deviant.

CAROL HAMILTON: I could never have made it without God's help and the love and encouragement of my family and friends (esp. Patricia, Debbie and Sandra). I hope to pursue my career in the field of Obstetrics and/or Public Health Nursing.



COLLEEN HARRINGTON: CM: Skule Nite productions. PP: Clinical assignments. SA: Becoming Mrs. Piekarski.





**CLOVER HEMANS:** AMB: Haven't decided yet (to decide what I really want to do!). FS: Well, I can only do my best. PP: People who think they have had harder teachers than me. CM: All the nice secretaries in the office. SA: Getting through the program without a permanent nervous disorder, and with my self concept intact.

**SANDRA HENDERSON:** AMB: Gymnastic coach for 1988 Olympic team. PD: Married, living in Saudia Arabia, with two kids and six camels. FS: Pac-man?, O.K.? CM: Procrastination, starting essays at midnight. PP: 0900 classes. NN: Sandra Dee.



**BARB HIRSCHORN:** You could always hear Barb before you could see her. FS: What is this B.S.? PP: Non-designer clothes. AMB: Aerobics instructor/cosmetologist (9 to 5; no weekends). PD: Married, house in York Mills, two kids via C-section, live-in help.

**IRENE HOLUBIEC:** AMB: To teach fourth year medical students nursing theory. CM: Robarts library during Reading week, coffee breaks, and St. Vlad's. FS: Hi y'all. PP: Medical students. SA: Pulse editor '84, staying awake during ethics, meeting the Dean, typing the research paper while watching the Y and R.



**ERIN HUGHES:** Why should we worry, as this draws to a close, of money or jobs or the career that we chose? Since what does it matter, we can always have fun; As nurses, we just have to needle someone.

**KAREN JACOBS:** Parting words: "It is not what people eat, but what they digest that makes them strong; It is not what they gain, but what they save that makes them rich; It is not what they read but what they remember that makes them learn" Anon



**DEBBIE JONES:** AMB: Public health nursing, to win a lottery. CM: Orientation, nursing football games. FS: Who cares? PP: Photocopiers, ski nursing. SA: Higher-order problem solving and getting out of this place!

**DEBBIE KEHOE:** AMB: Pediatric nursing. SA: Making it to fourth year. PP: Objectives, photocopying, being told I'm quiet. CM: Bahamas, spending four years with T,C, M, and L.







MARY-LYNN KELLY: AMB: Transport team at HSC. PP: Clinical assignments. CM: First year formal, Orientation. SA: Actually understanding one of Hagey's classes. NN: Pinky.



MARIE KORCHINSKY: AMB: To be an obstetrical nurse and to travel. CM: Treasured friends, gab sessions and having JN meeting me at school. FS: Listen guys, exactly, you're kidding, swear to God. PP: Photocopying, weekly assignments, early clinical mornings, KD's boy watching and LC's short nails. SA: Learning to strive onward even when the chips were down passing and graduation.



DAWNE LEMIEUX: AMB: To become a clinical instructor and make other students apply theory to practice. CM: Handing in my last clinical assignment. FS: What . . . theory am I going to apply to practice this week? PP: Clinical assignments. SA: Not having one grey hair.



SANDRA MACMILLAN: AMB: To specialize in health education for chronically ill people. SA: Graduating from the Faculty of Nursing.

WENDY KOBLIN: CM: Dieting, pigging out, zona lacoste plus plus, always being courteous, polite and respectful, finally taking a book out of the library and filling the slip in wrong, and . . . lasting friendships.



MARY KOZERA: My basic approach to life: Aequam memento rebus in arduis servare mentum. Remember to keep a calm mind in difficulties. On a more humorous note: "At times, it is better to keep your mouth shut and let people wonder if you're a fool, than to open it and remove all doubt"!



ELLEN LEVY: AMB: To continue growing. FS: Oh boy! PP: Carrying books and opening doors. SA: Growing an inch and a half in 4 years. CM: Being tested with Lisa during NUR205. What a hilarious disaster! It's hard to be serious when gagging, choking, blinding, poking, etc. Not my fault - the stick was too long, Lisa's throat is too short, the light wouldn't work, the hammer broke, it was indellable ink . . .



ANNETTE MAJOR: AMB: To have my own nursing practice for individuals who are deaf. FS: Barf. CM: Becky Hagey's phallic symbol. PP: Clinical assignments, no snow, Monday morning classes. SA: Managed to ski every weekend, and still hand in those weekly assignments. NN: Netteski.





GINA MARASCO: AMB: To own my own gas station. CM: Passing chemistry in first year. FS: Piss me off! PP: Weekly assignments, group conferences, theory papers. SA: Passing chemistry in first year.



ROBIN MUIR: Am I really a nurse?

CINDY NG: AMB: Public health nurse. FS: I just want a pass. PP: Clinical assignments. CM: Memorable moments with MA, SG, LT, DD, CH, SC, and RS. SA: Graduation, finally.



PAULA NOLET: AMB: To find out what mine really is. CM: When Wendy Coopman was in our class. FS: Wanna run that by me one more time? PP: Subject to editing. SA: Convinced Liz Simpson to finish her year.

ANNE RHODES: AMB: Sanity for all! CM: The attack of the Killer Tomatoes! Return of Wiggy, nursing pubs, Kelly's house and sitting in the back of all the classes. FS: Scurvy dog, Arr, arr, arr. PP: Jargon, typing essays, and writing objectives. SA: Sanity for me!



MARY RHODES: SA: To have three intact, functioning brain neurons left. PP: Higher-order problem solving (requires more than three intact, functioning neurons). FS: Ahh, life as a puemocranium!

CHRISTINE RUKAS: AMB: To work only if absolutely necessary. PP: Weekly clinical assignments and application of theory, photocopying, S.S. library. CM: Bed baths in NUR102Y, falling in love, Bomas, Christmas picnic. FS: You know what . . . though. SA: Graduation



GLENNYCE SAGRITALO: AMB: Private nurse practitioner. PD: Managing travel and tours overseas. CM: CUNSA '82 at McMaster, Christmas party at LC's and meeting HI, learning how to play squash with LC and finding out that the ball moves faster than we do. PP: Deadlines, machomen, smoke filled pubs, nine o'clock classes, 7 day school week, white uniforms. FS: Thank God it's over, I can be human again!



DARLENE SCOTT: AMB: To retire early - as soon as I graduate. CM: "The Academy". FS: I don't understand. PP: Being misunderstood. SA: Mastering an electronic typewriter 2 hours before a paper was due . . . or was it a word processor?



CHRISTINE SEIZ: AMB: To get a well paid job and relax on evenings and weekends and extended summer holidays. CM: Assertiveness training in Becky Hagey's office (having to role play to an empty chair). FS: I don't believe it!!! PP: Shift work, shift work, and . . . shift work! SA: Returning library books on time after a \$20.00 fine.

MARIA SIMKO: AMB: To obtain a M.Ed., to higher-order problem solve. CM: 7:00 am wake up calls to the boys in maroon/white. FS: He's a quadrilateralequilateral rectangle. PP: Photocopying, lineups, delayed buses. SA: Graduating.



ELIZABETH SIMPSON: AMB: To travel around the world and work in the developing countries and to make megabucks. CM: When the Dean shook my hand and said "You're going to make it kid". PP: Got a few hours? SA: When I used my sound knowledge base to higher order problem solve, once.

SUSAN SIMPSON: AMB: To colour the bubble with JB, first year in S.A. CM: Top Hat 1983, Bliss, Med Sci lobby pubs, Newport '83, Harvey's. FS: To sleep per chance to pass? No way! PP: Where did the Med Sci pubs go? SA: Feb 20/84, finding the egg nog bash, meeting JB in week one, JCB 160Y.



HEIDI SKRYNYK: AMB: NICU clinical specialist. CM: Some truly wonderful friends in the class of '84 - Best wishes to all! FS: I haven't started my essay yet. PP: beginning clinical assignments at 10:00 pm of Thursday nights. SA: Making it to nursing theory classes.

SUSAN SMYTHE: The best part of these years is a point for debate, Was it a dislocated finger, or a forgotten acetate? It is hard to choose, but I do have a hunch, That really the best part was Hart House for lunch.



MARLENE STEPPAN: AMB: Maintain an active social life; clinical nurse specialist. CM: Pubs, formals, sports, driving friends in my car, Bahamas, TGH res, Chem Eng. FS: For sure, Zut!, sacrifice, aye aye aye. PP: Last minute assignments. SA: Mastering the English language, LMV. NN: Froquette, put-put, SaLUT.





KAREN STEWART: AMB: Travel around the world, work in the hospital setting for a few years, then community teaching. CM: First year social life -- parties, hitchhiking in a limousine. FS: Please tell me exactly. PP: Photocopiers, clinical assignments, friends being late. SA: Specific esoteric knowledge, graduation.

SUE SWARTZACK: AMB: New Zealand. CM: "The Academy". FS: Give me a break! PP: Drill Hall. SA: Chemistry.



SARAH TELFER: AMB: Nursing Home administrator. PD: Patient in nursing home. CM: Clinical group in third year, Montreal '83, "true" friends. FS: I have to do my assignment. PP: Closed minded people, nursing theories. SA: Passing chemistry.

LORI TRIPP: AMB: To own my own log cabin, meet a guy who's down to earth and live the simple life. PD: Married to a politician, living in a New York condo and counselling psych patients for \$50,000. a year. CM: The GO train, 105 McCaul, laughs with M, L, and B. FS: The bottom line is, is he good in . . .? PP: Closed Green Machines and things that are pleasing. SA: Commuting from Pickering for 3 years and still graduating.



BARB WALLACE: AMB: To get my golf handicap down to 20. PD: Calabogie's only certified nurse midwife. CM: Suppertime with roommates, Friday night's glass of wine, holidays with family. SA: Getting to class on Mondays.

JOHANNA WENDELS: AMB: To travel the world. CM: Friends and first year social activities, hitchhiking the first time and being picked up by a limousine. FS: I'm bored. PP: Photocopiers and clinical assignments. SA: Graduating.



JAY WESENBERG: AMB: To counsel adolescents. CM: Before, during and after nursing formals. FS: He's a really nice guy! PP: APA, libraries. SA: Surviving at NC for four years. NN: Hoover, Squirrel.

LOIS WILKE: AMB: To travel to Europe and begin my nursing career on the isle of Crete. PD: Joining the polyester blue nursing team with Dawn and Linda. CM: Roamarounds (I think!), school holidays with family, eating popcorn and watching TV with roomies. PP: Cigarette smoke. SA: Doing it now. FS: I'll do it later.







SANDRA WILLIAMS: AMB: Head nurse in a large downtown teaching hospital. PD: Unemployed mother of four kids, living in Belleville, and extremely happy! CM: DJ's, first day of Orientation when I met Eddy. PP: Objectives and self-evaluations. SA: Completing school before I got married.

CAROLE WILSHIRE: AMB: To walk the corridor of St. Eligius in my greens with my own beeper. CM: Anatomy class with Dr. Will Wiley/Cadavers/Dr. Tush/TC, MS, DK, LLB. FS: Sometimes you just got to say what the heck! I'm sorry. PP: Non-maleficence, photocopying. SA: Passing OB in 302Y.



RUTH WILTON: AMB: To be a good nurse. CM: Giving Sarah my first needle. FS: Blah! PP: Weekly assignments. SA: Passing chemistry.

JANET YOUNG: As the ending draws near, it may seem quite clear that for money and work we are yearning. But a lesson we know, that in order to grow, a nurse never finishes learning.



SANDI ZAGERMAN: AMB: To be an industrial nurse in a panty hose factory. CM: Arriving one hour late to Professor Bell's sociology class with Ellen Levy, feeling no pain! FS: Hi there "Sweet Pea". PP: School!! SA: Never having a run in my hose.

#### KEY

AMB: ambition  
CM: cherished memory  
FS: favorite saying  
NN: nickname  
PD: probable destination  
PP: pet peeve  
SA: significant achievement





VIVIEN BRANNEN



KRIS BROWN



MELANIE CHAPMAN



KIM ENGBERG



ERIN FRASER



LYNN GALBRAITH



ELLEN HILL





PATRICIA HOWE



JULIE JONES



HELEN KELLY



THEO LANCEE



ANN LOBSINGER

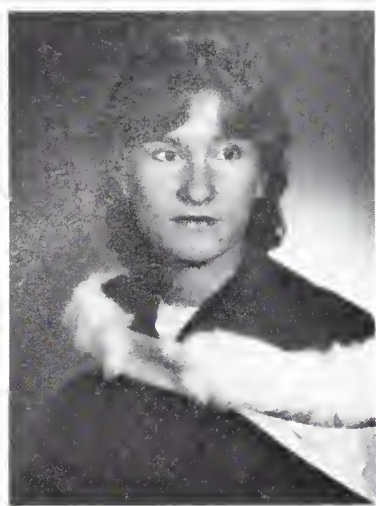


PAT LONEY



SUSAN MAIR





PAULA MASTRILLI



RUTH MCMAMUS



LYNN MILLIGAN



LILA MODESTO



MARY-MARGARET O'REILLY



VANESSA RUDOLPH



KATHERINE SERWATIAK



CINDY SYER



KAY TULL



BARB WREN



JUDY WYLLIE

LANADEE BURRILL  
 ELLIE DALY  
 SHIELA DAVIDSON  
 JOANNE FUNG  
 WENDY IP  
 ELIZABETH PITFIELD

CARLA PODIO  
 ROSA SANTARCANGELO  
 DEBBIE SITTLER  
 CAROLYN SIXT  
 CHERYL STEWART-OSBORNE  
 THERESA ZIELINSKI

## POST BASICS

From Left to Right: Shelagh Wiebe,  
 Vivien Brannen, Ellen Hill, Ruth  
 McCamus, Theo Lancee, Joan  
 LeDrew, Lynn Milligan.





# CLASS OF 1984



What's Marlene up to?



Monday's big weigh in.



Keeping on top of the reading.







The Prez.



Great group dynamics, eh?



Friday morning seminars.





# STATEMENT on the BACCALAUREATE NURSE

1<sup>st</sup> draft!

The goal of baccalaureate nursing education is to foster development and growth towards nursing; nursing being here defined as the initiative and ability to guide and direct others during blizzards, heat-waves or other extenuating circumstances so that the delivery of health care is maintained at a velocity of 60-100 km/hr (man is unique and may not be able to maintain a high speed throughout the lifespan).

In order that the graduate can assume a 'tourguide' role certain competences are considered critical. Paramount among these is the ability to go beyond the application of principles in suburban driving to higher order problem solving, in which a unique combination of driving skills and interpersonal/communication skills are applied to maintain one's health and the health of one's clients while driving on the 401. This ability must be accompanied by a capacity for decision making as demonstrated by wise choices in uncertain situations which contain many alternatives. The above abilities must be underscored by comprehensive knowledge of a scientific and humanistic nature which provides the base for the professional practice of nursing.

To make any of the above worthwhile in practice the graduate must value men (or women) and have internalized a concept of the professional person, which includes a ~~commitment~~<sup>error</sup> commitment to the health and well-being of his/her car, van or truck as well as to his/her clients, without whom he/she would be unemployed. Above all, the graduate must be accountable for and evaluate the routes chosen in guiding others toward an improved health status.

SUBMITTED FOR APPROVAL TO FACULTY COUNCIL ~~XXXX~~ (revised)  
June 8, 1984

# PAST NURSING HISTORY

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## MOVING ON

Waiting anxiously for graduation to come,  
As we wonder what we've really done.  
Looking back at four years of nursing,  
And vividly recalling many months of cursing.

A few days of clinical scattered here and there,  
Hopefully applying knowledge that will go somewhere.  
Desperately plugging in research as we go,  
Memorizing frameworks that will help us grow.

Now we stand with degree in hand,  
Abandoning student status that was so grand.  
Looking ahead with fear in our eyes,  
As we anticipate many a surprise.

We're the cream of the crop graduating in eighty-four,  
Excitingly waiting to walk through the open door.  
To demonstrate our brilliant knowledge base,  
And learn the skills we must face . . .

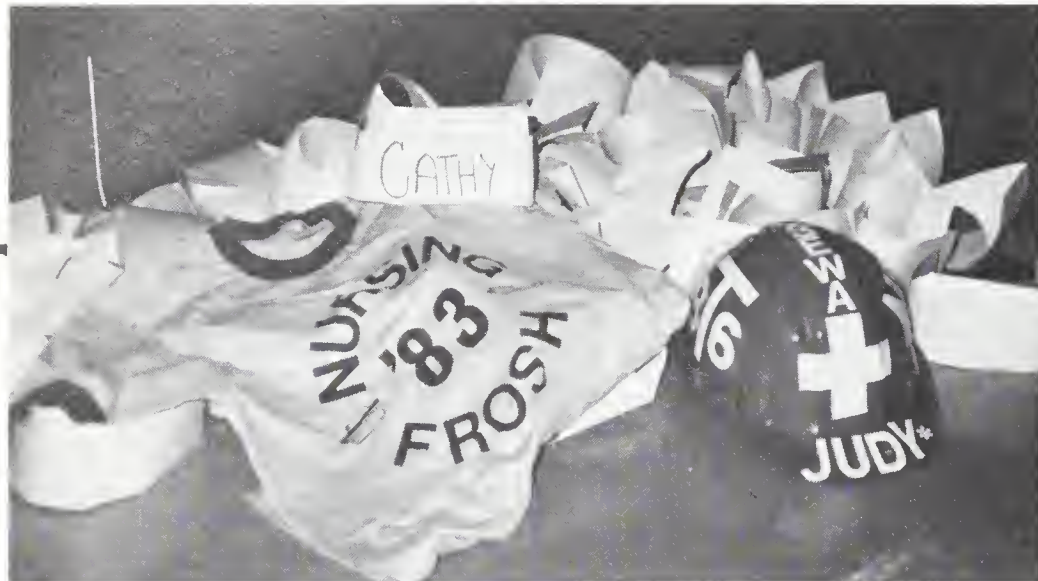
Looking back as a new grad,  
It really wasn't all that bad!

Lisa Dunford and Ellen Levy



# PSYCHOSOCIAL

## ORIENTATION 1983



Orientation week '83 was very successful, thanks to the Orientation Committee, Faculty of Nursing, and the Engineers. The week included a pub at DJ's with the Engineering Frosh, the traditional initiation to nursing, the nurse wetting at Devonshire and Hart House Farm. The introduction of Frosh kits this year provided us with finances to support the events of the week. Although they were new, they were very successful. Thanks to all contributors: Molson's, Frank Vetere's, Harveys and Bic.

Overall everyone had a great time. We hope that the Frosh of 1983 had an enjoyable week and a satisfying, and prosperous year. We hope to see them all participating again next year.

Judy Komlos  
JoAnn Purcell,  
Orientation  
Co-chairpersons





# HISTORY

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## HAVING FUN . . .



## JUST FOR KICKS!















# HALLOWEEN PUB

Come and get me!



There's no cleavage!





Yea! That really frightens me!



Peek-a-boo!!!



Hip! Hip!

## NURSES IN DISGUISE?



Don't you think I'm prettier than Boy George?



NURSING  
FORMAL  
TOP HAT '83

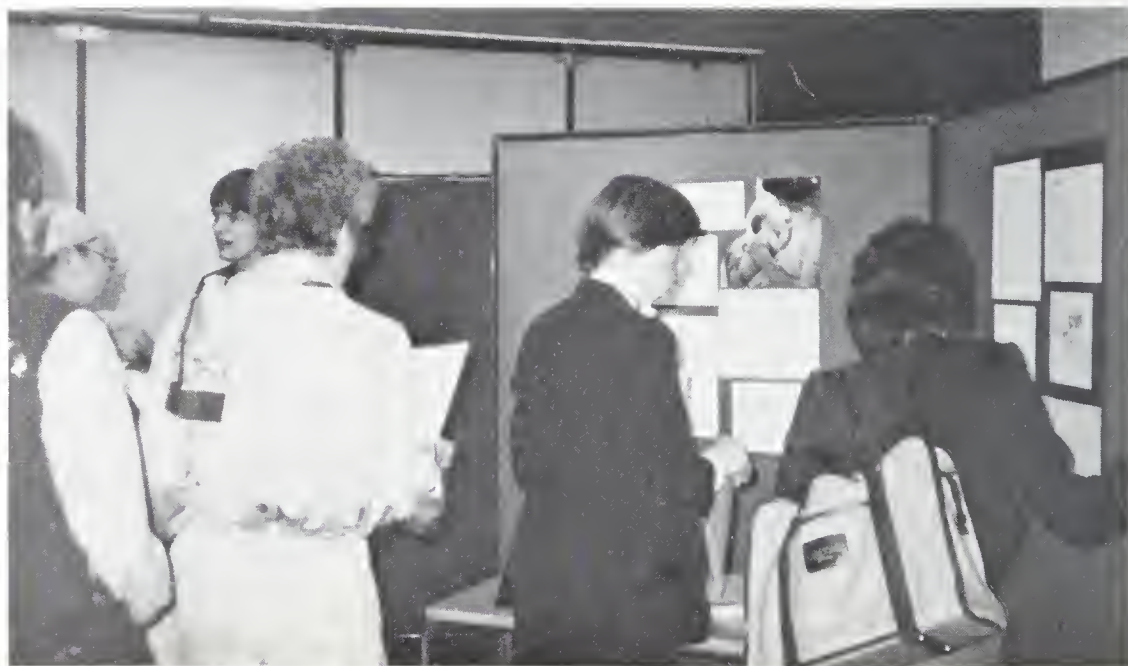








# RESEARCH DAY '84





# INTERFACULTY OPEN HOUSE '84





# C.U.N.S.A. 1983-84

This year, C.U.N.S.A. got off to a great start. Orientation to C.U.N.S.A. began with a bulletin board display and meeting with the classes. Also, promotion of and planning for the Ontario Regional Conference was in full swing.

The Ontario Regional Conference was a major C.U.N.S.A. event at U of T this year. Pat McKeever and Jane Graydon of the Faculty of Nursing, spoke about issues related to Chronic Illness. The conference was successful in bringing together delegates from across the province and ideas to make this year a good one for C.U.N.S.A. A dinner was held at the Groaning Board followed by dancing at Sparkles at the C.N. Tower, and checking out campus pubs. It was a good ending to a successful weekend.

Fundraising was conducted throughout the year to help finance C.U.N.S.A. activities, Bakesales, a raffle, and a St. Patrick's Day Pub helped to reduce costs to attend the National Conference, and to pay for a fee increase for C.U.N.S.A. membership.



Alanna Loeb, Official Delegate  
Claudia Weidenborner, Unofficial Delegate



## ONTARIO REGIONAL CONFERENCE . . .











## NATIONAL CONFERENCE . . .



The highlight of the year was the National Conference which was hosted by the University of Saskatchewan in the fair city of Saskatoon. Issues in Mental Health was the theme of this conference, which took place over four days, from February 8 to 12. During this time, delegates from U of T heard some very interesting lectures, survived through business meetings, and attended a number of social events.

Activities in Saskatoon were many, ranging from square dancing and going to Western pubs, visiting the University of Saskatchewan campus, to bowling, sitting in enormous chairs and seeing the country. It was a chance to meet new and old friends, as well as to discuss issues and concerns facing nursing students across the country.

The beautiful Bessborough Hotel was the location of most of the events including the conference banquet. At that time, Lakehead University in Thunder Bay was chosen to host the Ontario Regional C.U.N.S.A. conference in October 1984. The theme for this conference will be "Nursing in the North". Also, we learned that the University of Ottawa will be the site of the 1985 National C.U.N.S.A. Conference. The focus will be on specialization in nursing.

Next year can be as stimulating and as exciting for you and C.U.N.S.A. as it has been in the past. Remember, you can only get out of it what you put in. So come out and get actively involved with C.U.N.S.A. It is your organization. Help it to work for you!

Alanna Loeb, Official Delegate  
Claudia Weidenborner, Unofficial Delegate





# SAC SAC SAC SAC



Look under the dome for your Student Administrative Council. It offers free films, telephone info line 978-INFO, student handbook, telephone directory, ride board, five cent photocopier, the Sid Smith Addition Pub and much more.



also has a serious aspect trying to bring the issues to the students and U of T administrators -- budget cutbacks, accessibility, student rights, social issues that need definitive action.



services exist for you!

Nicola Dorosh  
S.A.C. Representative

## THE PULSE 1983-84

The Pulse is a Faculty of Nursing newsletter. Three issues have been written this year. At last we have a newsletter that came out regularly! I hope that it provided stimulating articles and humorous anecdotes about life at one faculty. I'd like to take this opportunity to thank all those students and faculty members who have contributed to The Pulse. Without your input, it would have made my job very difficult. I hope that this tradition continues on to the forthcoming years.

All the best to you,  
Irene Holubiec  
Pulse Editor





## S.H.O.U.T. 1983-84 - A NEW BEGINNING . . .



This year many changes were implemented in the S.H.O.U.T. program. Orientation sessions were run both in the Fall and Spring terms. Volunteers were introduced to agency members, acquainted with procedures and various recording formats. In addition, evaluations were formulated to obtain both agency and volunteer feedback regarding the program in general. This data will be used in planning next year's program.

Despite renovations at the Alexander Park clinic, volunteers both contributed to the quality of care and gained from the vast experiences and knowledge of other health team members. Throughout the experience, numerous histories were taken, physical exam techniques mastered, S.Q.'s and I.M.'s were conquered, nursing diagnoses shared and interdisciplinary team work explored.

I would like to take this opportunity to thank all the volunteers who gave of their time and abundant enthusiasm.

Maria Simko  
S.H.O.U.T. Rep.



Alexander Park Community Centre  
Left: Tricia Scott BIII  
Right: Claudia Weidenborner BII



Niagara St. Neighbourhood Centre  
Helen Jones and Maureen Allen BII



# CREATIVITY . . .

## HOW CAN A STUDENT NURSE ACHIEVE PROFESSIONALISM?

As members of the nursing profession, we, as nursing students, have a responsibility to promote and maintain an image of professionalism in our work. Though not yet fully recognized as nurses, we play an important part in ensuring the proper functioning of our health-care system.

As representatives of a competent, caring profession, a sense of pride and belief in the value and dignity of our work can do much to instill a sense of professionalism in ourselves. No one can maintain a responsible, educated attitude if they are unsure of the importance of their skill. A sense of pride will serve to overcome many obstacles, as well as open new doors in our education.

Since we are students, there must be some emphasis on scholastic performance and achievement of appropriate skills. Independent confidence can be established in each of us when we become comfortable with what we are being exposed to and taught. Unfortunately, there is no short-cut to hitting the books. However, such acquired confidence will allow us to remain calm and not display outward signs of anxiety or fear at what we will undoubtedly be exposed to.

By the same token, professionalism also means admitting your limitations. There is no shame in not being comfortable with a certain skill or process. It is far better to ask for help or clarification than to risk frightening or injuring a patient-client who can probably sense your uncertainty.

Professionalism can also be promoted by keeping up-to-date on nursing literature. Along with establishing a feeling of unity and cohesiveness by maintaining contact with other nursing professionals, such exposure can also contribute extra knowledge and understanding to the nursing process in general. New areas and problems in nursing are explored, thus expanding the knowledge we may share and act upon.

As students, then, we can do much to promote professionalism among ourselves. Pride in our work, scholastic achievement and exposure to current nursing literature may all contribute to confidence, caring, dependability and open-mindedness, all definite signs of professionalism.

Claudia Weidenborner BII



Who then do I call educated? Those who manage well the circumstances which they encounter day by day; and who possess a judgement which is accurate in meeting occasions as they arise and rarely miss the proper course of action. Those who are decent and honourable in their dealings with all men, bearing easily and good-naturedly what is unpleasant or offensive in others, and being themselves as agreeable and reasonable to their associates as is humanly possible. Those who hold their pleasure always under control, and are not unduly overcome by their misfortunes, bearing up under them bravely and in a manner worthy of our common nature. Those who are not spoiled by their successes, who do not desert their true selves, but hold their steadfastly as wise and sober-minded men. Those who have a character which is in accord, not with one of these virtues, but with all of them - these are educated, possessed of all the virtues.

Socrates

I shall pass through this world but once.  
If, therefore, there be any kindness I can show,  
or any good thing I can do, let me do it now,  
Let me not defer or neglect it,  
For I shall not pass this way again.

Grellet

A beautiful behavior is better than a beautiful form.

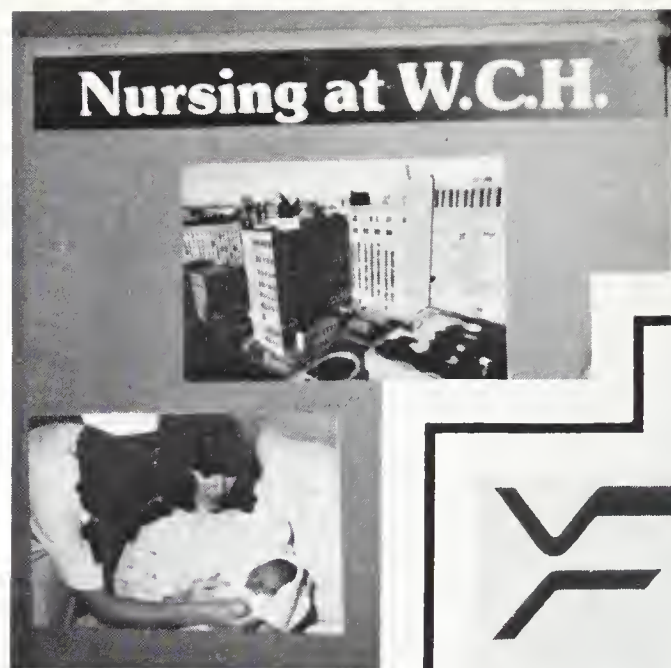
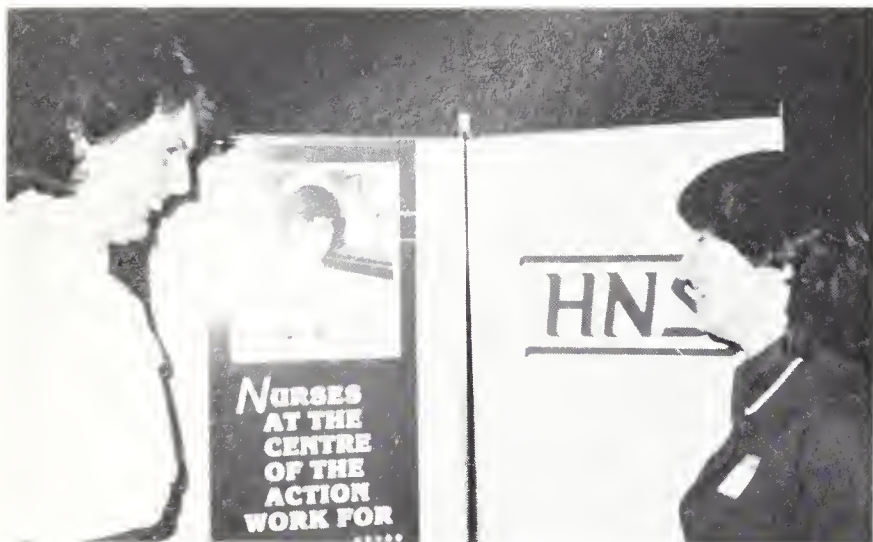
R.W. Emerson

Take risks, learn and grow.

M. Erjavec



# CAREER DAY 1984









# PARTY ANYONE?



Here I come sunshine!



Boggie on down!



Hey Baby! Let's dance!



He looks like he is enjoying the company of women.

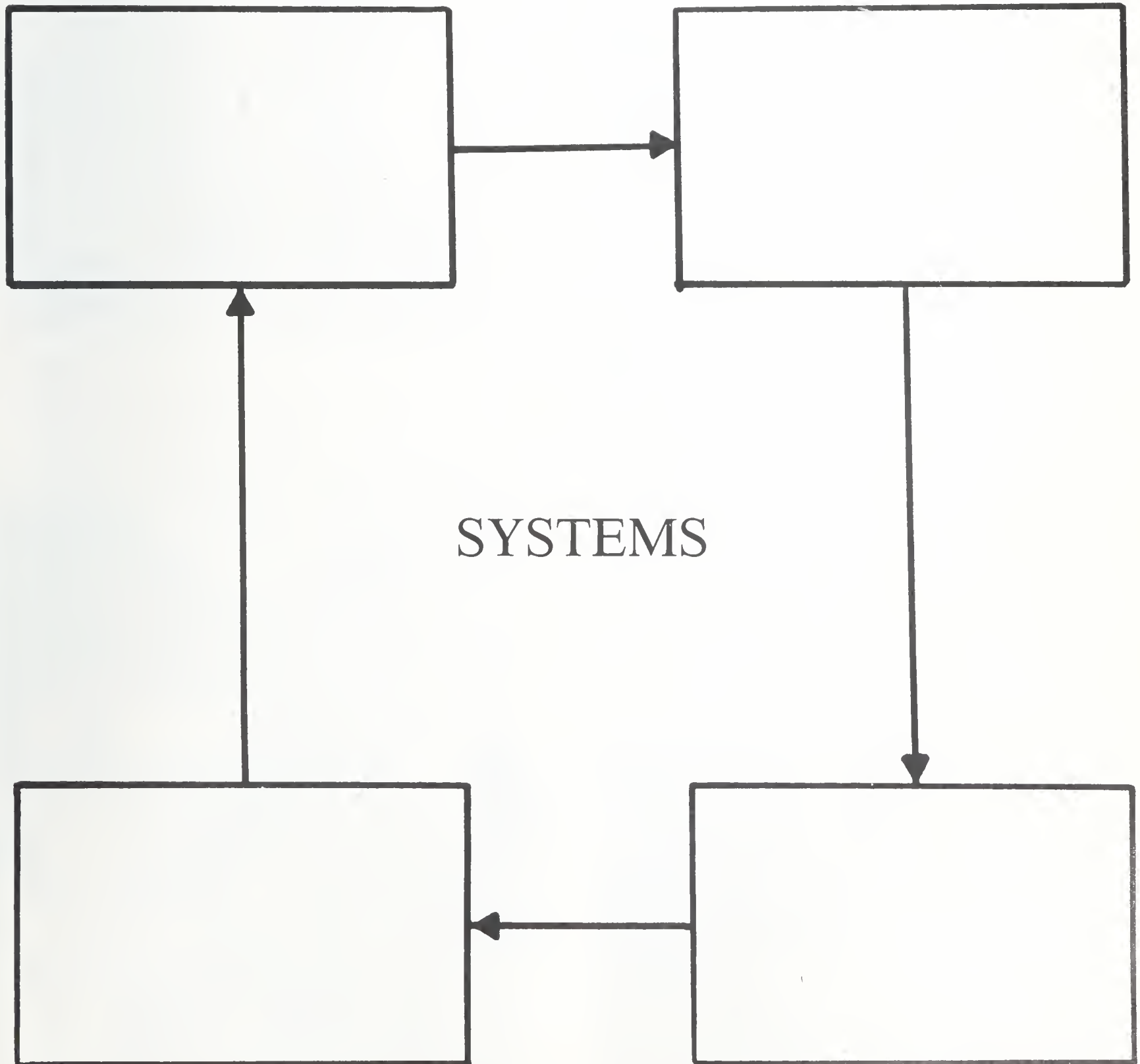




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# RESPIRATORY STATUS

## SHINERAMA '83



I can hardly believe that all the work we did during the summer months all ended in one day on Saturday September 10. Shinerama '83 was filled with many exciting new activities and events. This was the first year in which Shinerama took place during orientation week rather than one week later. The ninth annual bedrace was held on University Ave. this year instead of St. George St. The Faculty of Nursing and the orientation committee sponsored the first annual Shinerama Tea. A press conference was held at the Labatt's headquarters. Many "Breath of Life" bubbles were placed in various restaurants and stores as well as in all police stations in Metro Toronto. The Metro Toronto Council sponsored a wine and cheese reception at City Hall. Furthermore, the first week of September was declared "Shinerama Week" in Metro Toronto by Metro Chairman Paul Godfrey. Despite all the above activities and accomplishments, Shinerama at U of T did not outshine University of Western Ontario, which raised over \$50,000.00 for C.F. However, there were a number of improvements this year. First, we raised over \$8,000.00, which exceeded last year's amount. Second, we have increased the campus and public awareness of Shinerama and cystic fibrosis.

I would like to thank all those who either helped in planning or participated in Shinerama '83. I hope that all of you have enjoyed it as much as I have. More importantly, I hope all of you realize that Shinerama is not only fun for us, but to many C.F. kids it means a chance to breathe and a chance to extend their life expectancy.

Plans are currently being made in the organization of Shinerama '84. See you all next year.

Keep on Shinin'  
Soo Wong, Charity Rep.



# Shinerama





Soo Wong, Charity Rep.





# CARDIOVASCULAR STATUS

## BLOOD DONOR DRIVE



Once again, U of T students have been in demand. The Red Cross held their annual blood donor clinics, one in November and the other in January. All of those who donated, or helped friends to muster their courage, deserve a big thanks, for giving the "gift of life".

Soo Wong  
Charity Rep





# REST AND SLEEP PATTERNS



And they're off . . .



## THE BED RACE



The chase is on.





# G I STATUS

## MECHANICAL SMOKERS





## HOT DOGS FOR SALE

I don't believe you're eating another one!



Wienies anyone?





# MUSCULOSKELETAL STATUS



Nancy Griffin and Nancie Smith

## SPORTS 1983-84

Looking back over the year's sports achievements we find that the nursing students have participated extensively. The list of sports that we have been involved in this year is longer than it has ever been over the past few years. While winning may not be everything, it sure helps the morale, and we've done that too. Division III Basketball Championships went to the nursing team for the first time with an undefeated record. In Powder Puff Football and Division II Volleyball we made it to the semi-finals. Overall the participation has been terrific with nurses braving the early cold mornings and staying on into the late evenings. The coaches and managers deserve our many thanks for participation and encouragement above and beyond the call of duty. Mostly, the players deserve a pat on the back for their hard work and intensive athletic training (the pictures speak for themselves).

Thanks for a great year. We hope that you enjoyed it as much as we did.

Nancy Griffin and Nancie Smith  
Athletic Directors

## BASKETBALL



Left to Right: Lorne, Eva Berger, Kathy Muller, Phyllis Chong, Cori Janes, Sheila Webster, Nancie Smith, Nancy Taylor, Rob Shute. Sitting: Nancy Griffin.

Absent: Chris Rozman, Pauline Wooley, Marianne Forma, Cathy West.





## SOCCER

Left to Right: Back: Heather Thornton, Chris Wilson (Innis), Heather Purdy (Innis), Sheila Johnson (Innis), Dave Griffith, Margaret Murueta. Front: Naomi Garber (Innis), Eddie Cabechina, Chris Rozman (Manager).

Absent: Nancy Griffin, JoAnn Purcell, Mary Lou Albanese, Cathy West, Phyllis Chong.



## FIELD HOCKEY

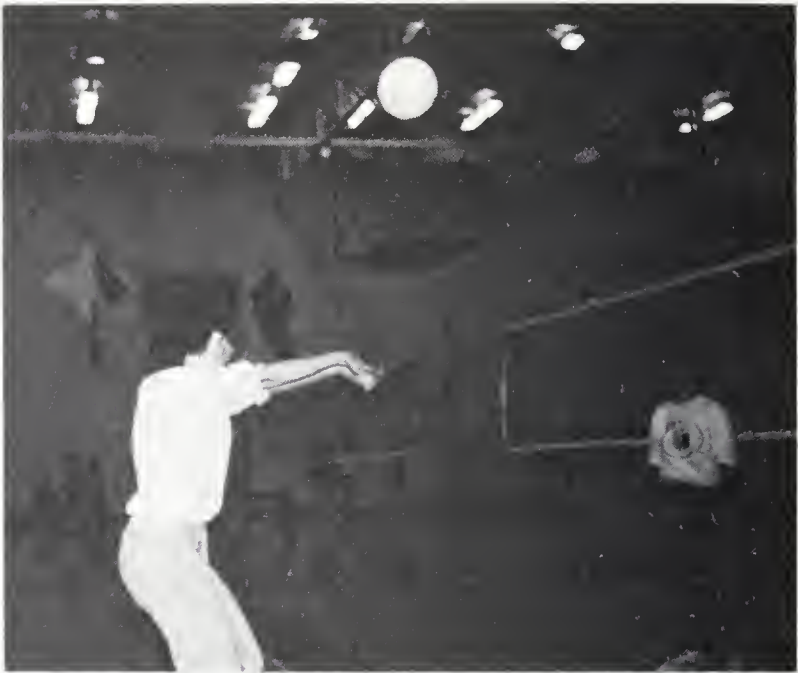
Left to Right: Back: Anna Bertoia, Jennifer Fuller (Manager), Heather Thornton, Nancy Griffin, Phyllis Chong. Sitting: Barb Jones.

Absent: JoAnn Purcell, Nancie Smith, Kathy Keith, Joanne Fung.





VOLLEYBALL



POWDER PUFF FOOTBALL







NURSING DIVISION 3 BASKETBALL  
CHAMPIONS 1983/84



# ATHLETIC BANQUET

1984





We  
Ought To Be  
In Pictures



Educated. Skilled. Trained.  
Professional...And Liable.

**Insurance.**

A Personal Choice.  
**A Professional Essential.**

*the citadel*  
*assurance*

A Member of the Winterthur Swiss Insurance Group

Vancouver, Penticton, Edmonton, Calgary, Saskatoon, Regina, Winnipeg, London, Waterloo, Hamilton,  
Toronto, Ottawa, Kingston, Montreal, Moncton, Halifax and Associations World-wide.



## CLINICAL DAYS



"Wristwatches must be removed when giving direct patient care."





# INTERVENTIONS

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“So, like, I looked at her and said: when was the last time someone gave you patient teaching?”



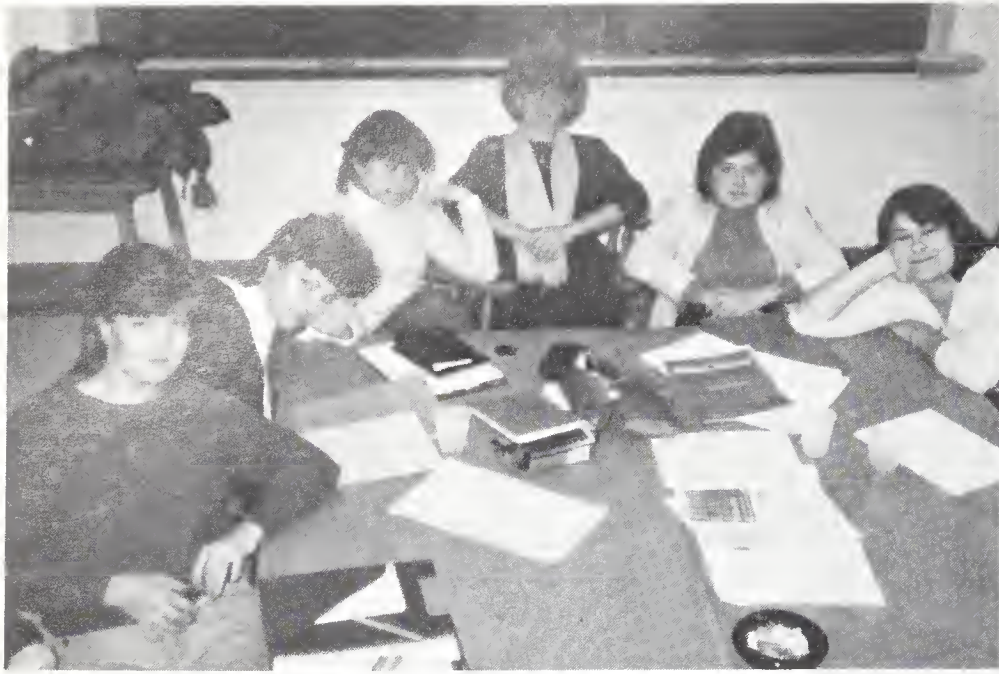
“This latest design, created specifically for baccalaureate nursing students, is the latest trend in high fashion. Note the scholarly flow of the material . . . This uniform is currently being worn at the University of Toronto . . .”



I'm afraid we've run out of bedpans!



# ACADEMIC LIFE



So you want to be a nurse.

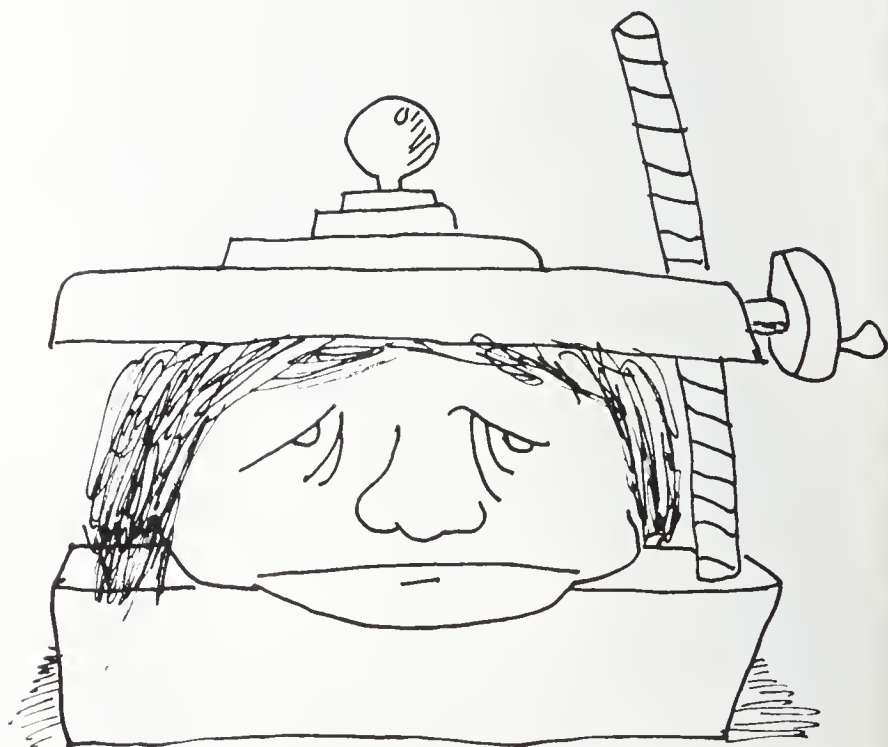


And the nanabush said to the babybush . . .

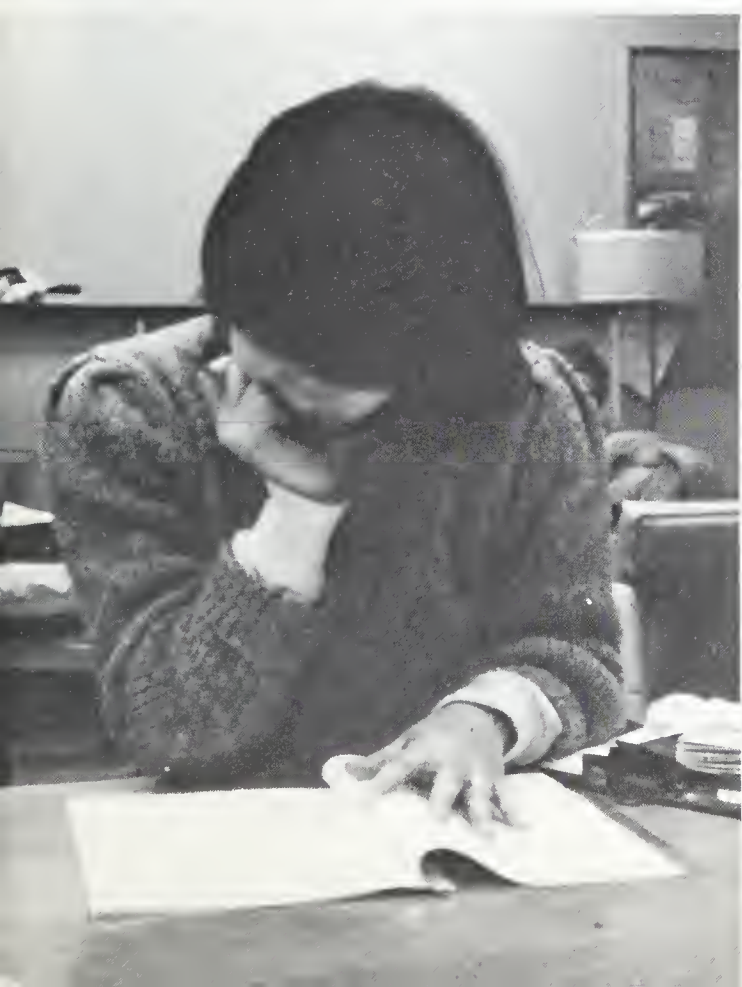
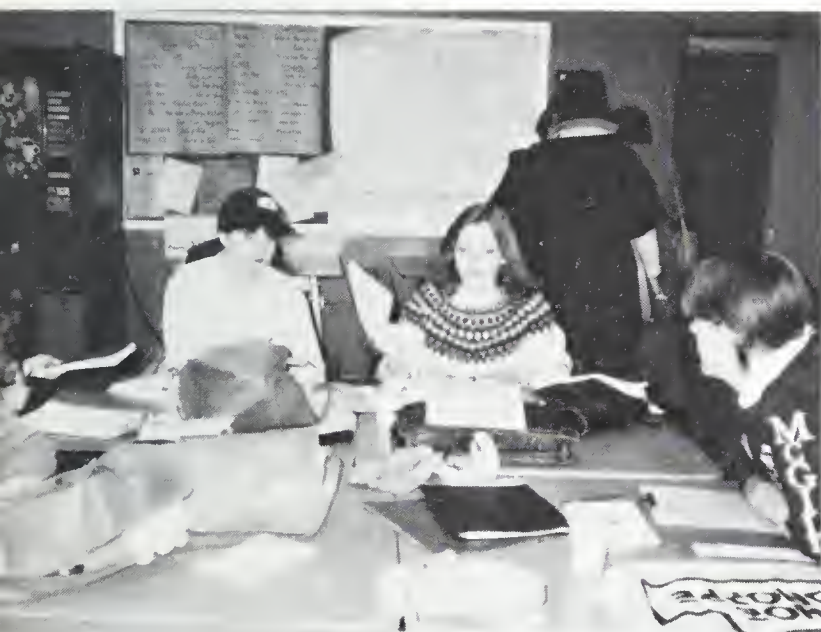
## An Ode to Fourth Year Students: LAWS OF COMPLETION - LAST MINUTE ASSIGNMENTS

- 1 If you're feeling good, don't worry. You'll get over it.
- 2 When an error has been found and corrected it will be found to have been correct in the first place.  
Corollary: After the correction has been found in error, it will be impossible to fit the original idea back into the paper.
- 3 An ounce of application is worth a ton of straight theory.
- 4 If you miss one issue of any journal, it will be the one containing the article your clinical instructor has read (or wrote).
- 5 The number of rational hypotheses that can explain any given phenomenon is infinite.
- 6 In case of doubt, make it sound convincing.
- 7 No assignment is ever a complete failure, it can always serve as a negative example.
- 8 'n+1' trivial assignments are expected to be accomplished in the same time as 'n' assignments.  
Rebuttal: 'n+1' trivial assignments take twice as long as 'n' assignments.

- 9 Any simple idea should be worded in the most complicated way.
- 10 Always leave room to add an explanation in case it doesn't work out.
- 11 Do not believe in miracles - rely on them.
- 12 It is impossible to make anything foolproof, fools are so ingenious.





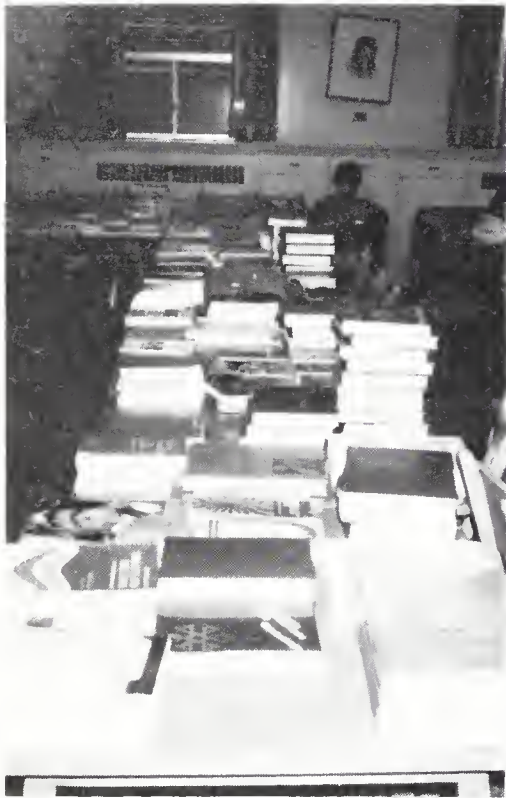




# FUNDRAISING ACTIVITIES



Yearbook bakesale



Grad chocolate almond sale



Grad booksale



Yearbook skate-a-thon



# EXPECTED PATIENT OUTCOMES

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## GRAD COMMITTEE 1984



I move that we graduate.



Will someone please second the motion?



It's unanimous. Where's the parchment?



# CONVOCACTION JUNE 8, 1984



## BACHELOR OF SCIENCE IN NURSING







## HONOURS AND AWARDS . . .

Each year, honour award pins are presented to those members of the graduating class, who, throughout the four years, have demonstrated participation in extra-curricular activities and student council events, in addition to maintaining an academic average of at least sixty-five percent.

This year, the recipients of honour award pins are:

Lori Cornish  
Kathy Duvnjak  
Irene Holubiec  
Julie Jones  
Paula Mastrilli  
Maria Simko

The Frances Jeckell Crozier Award was presented this year to Kathy Duvnjak who demonstrated scholastic competence, involvement in the Faculty's activities and a true concern for people.

Members of the Class of 1984 graduating with Honours Standing:

Lanadee Burrill  
Lori Cornish  
Lynn Galbraith  
Erin Hughes  
Dawne Lemieux  
Paula Mastrilli  
Lynn Milligan  
Christine Seiz  
Susan Smythe

R.N.



BScN



# GRADUATION FORMAL



Marlene Stepan, Grad Chairperson.

The 1984 Nursing Graduation Formal took place on June 9th, at the Toronto Hilton Harbour Castle in the beautiful Harbour Ballroom. The hard work of the Grad Committee payed off as everyone celebrated graduation by eating, drinking and dancing the night away.







Wendy Kasta, Faculty member who was elected by the class to speak.



Anna-Jean Rouse.



Isabelle McRae says a few words while emcee Colleen Harrington looks on.

## VALEDICTORY SPEECH . . .

“Four years ago a vast majority of us entered with a quite traditional view of our profession. After a few weeks of classes, we began to realize things weren’t going to be quite what we expected. The first hint was the Theoretical Framework . . . then the Nursing Process . . . then a foreign subject called research.

By fourth year they succeeded. We were not only analyzing and critiquing everything we read, saw, and did, we were proposing our own theories and explanations. That’s progress!

We have all learned more about ourselves.

The social aspects of the past four years have been very difficult to maintain with the constant barrage of weekly assignments, exams and essays. But we somehow managed to socialize with other faculties on campus like medicine, pharmacy, forestry and of course, engineering.

There are many memories to be forever cherished . . . like selling chocolates, Mary K. being elected Dean, and understanding Becky’s class. It’s a sad yet exciting time. We are entering nursing in an exciting era of change. I challenge everyone to spread their enthusiasm and to promote nursing and patient care at every level.”

Paula Mastrilli, Valedictorian



Paula Mastrilli, Basic Class Valedictorian.



Ruth McCamus, Post-Basic Class Valedictorian.



# SOURCE OF

## EDITOR'S MESSAGE



Another year has come and gone. As you flip through these pages you will realize that this year holds many precious memories. Some of these memories will be held nearer to us than others, but the important thing is, we ALL have memories. This yearbook makes the memories of 1983-84 everlasting.

It has been my goal to create a yearbook that is meaningful to each and every one of us. I hope that "The Lighter Side of The Nursing Process" has fulfilled this objective.

I wish to extend my sincere thanks to all those who played a part in the production of this yearbook. Your co-operation and interest is appreciated. A very special thanks goes to the members of the yearbook committee. Glenyce . . . thanks for all your time and hard work. Your enthusiasm for fundraising and yearbook "gettogethers" was a definite asset. Thanks Wendy, for making your creative juices flow when we needed them. Your super ideas and "cynical" sense of humour definitely made the yearbook special. Well Ellen . . . what can I say? I think we have a special understanding. When you and I aren't working or laughing, you are teasing me about eating! Remember Montreal? I truly appreciated your effort and fun attitude. I would also like to thank my special friends and my family without whom I could not have taken on and accomplished this task.

I have thoroughly enjoyed my editorship of Varsity Nurse 1984. I have come to learn a great deal about myself and about others, which made it an invaluable and memorable experience.

I wish the undergraduates all the best in their future studies. To the graduating class of 1984 . . . congratulations and good luck in your future endeavours. As a member of the graduating class, I wish to pass this thought along to fellow graduates:

"There is a time to let things happen  
and a time to make things happen"

Hugh Prather

Lori Cornish  
Editor, Varsity Nurse 1984



Late Friday night . . . very late.



I can't take it anymore!!



# HISTORY

## THE YEARBOOK COMMITTEE

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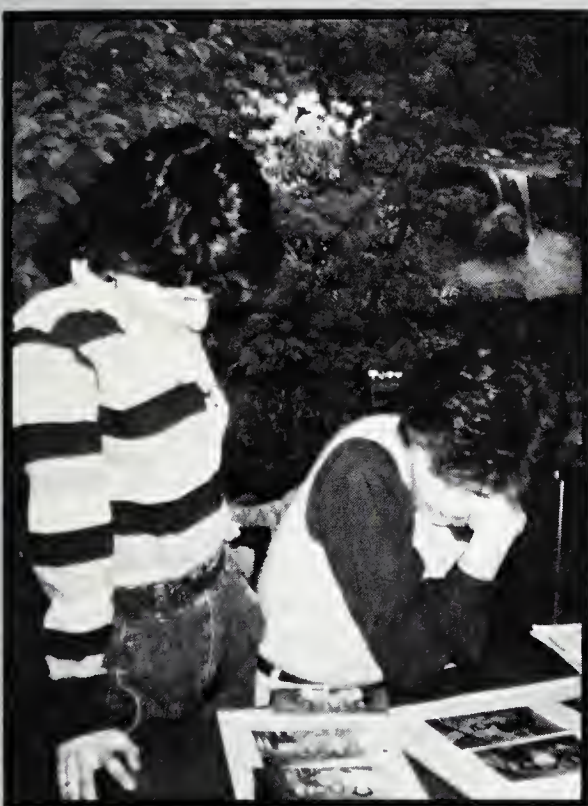
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Glennyce Sagritalo, Ellen Levy, Lori Cornish, Wendy Koblin



Wendy always sees things from a different angle



Glennyce hard at work



I can't believe what I just saw!





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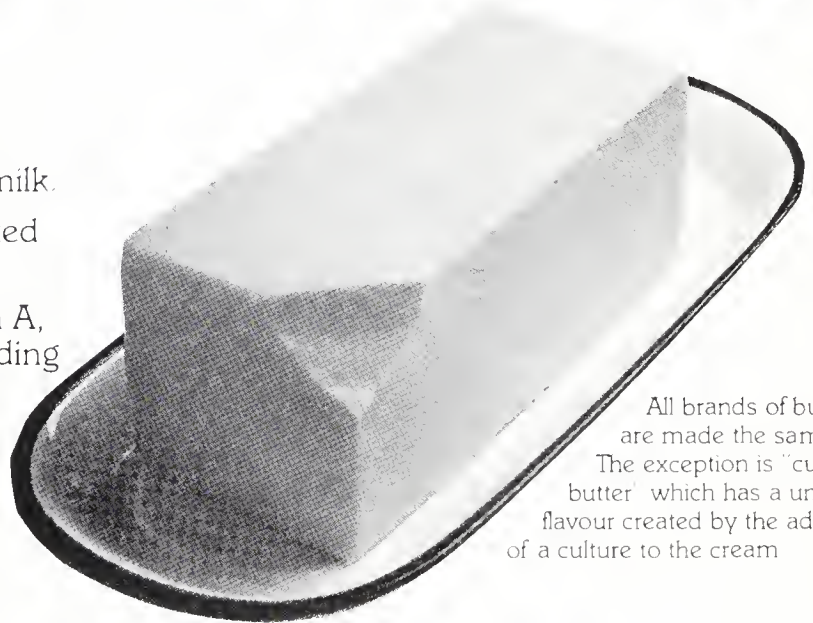
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- Extract the oil from the vegetable or other base substance. Then bleach and deodorize the oil to remove its original odour and colour.
- Hydrogenate or interesterify to solidify the oil.
- Add an emulsifier to the oil.
- Add vitamins A and D.
- Add flavour and colour to imitate butter.
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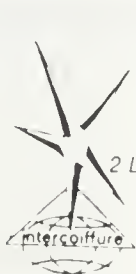
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